

Women's Volleyball Rules 2020

Anyone 18 and older can play in the women's league.

Children may be brought to the gym, provided that they do not play in the high school hallways and they are not running around in the gym interrupting other games while they are going on. We would hate to see a child hit/hurt or a player hurt because of a child running into a game. Please watch your children in the gym.

Only players who are on the roster will be allowed to play. Players may be added to the roster up until April 1st. After April 1st no team will be allowed to add another player. Substitutes will be allowed to play, but the games will be counted as a forfeit and will go towards your overall record.

You must have two players to start the match. Forfeit is 10 minutes after game time. (example: 7:30pm gametime forfeit would be at 7:40pm). If a team does not have 4 players after 20 Minutes of the scheduled game time the match is forfeited. The team may still finish out their game, but the game will be counted as a loss to the overall record.

Best 2 out of 3 games will decide the winner. First to games will go to 25 points. Have to win by two points with a cap of 30 points. 3rd game will go to 15 points and you have to win by two points with a cap at 20 points. (Cap meaning whichever team reaches this total can win by 1 point)

Serving:

- A. Player may serve overhand or underhand
- B. You cannot attack the serve (spike or block) you can bump it or set the serve.
- C. Do not catch a bad toss on the serve. Let it hit the ground then serve again.

Scoring:

- A. Rally Scoring will be used
- B. There will be a point scored on every serve of the ball.
- C. Offensive will score on a defensive miss or out of bounds.
- D. Defense scores on an offensive miss, out of bounds hit, or serve into the net.
- E. Games played to 25 points on games 1 and 2. Game 3 played to 15 points
- F. Must win by two points or by hitting the cap score of 30 for games 1 and 2. Or 20 points for game 3.

- G. Games will be drop dead at 45 Minutes. Whichever team is ahead in the third match will be declared the winner.

Playing the game:

- A. Maximum of three hits per side.
- B. A block is not considered a hit.
- C. Ball may be played off the net during volley or on serve.
- D. A Ball touching boundary line is GOOD!
- E. Multiple contacts (Double Hit) on the first hit over the net is considered legal.
- F. Anything from the foot up is considered a legal hit.
- G. If the ball hits the ceiling on your side and comes down on your side - PLAY IT. If the ball hits the ceiling and comes down and goes over net - illegal and a point will be awarded. You are not allowed to play a ball off a wall.
- J. If the ball hits the basketball standards above the net, it is considered out of bounds.
- K. You are allowed two 30 Sec timeouts per game.

Rotation:

- A. Team will rotate every time they win a serve
- B. Players shall rotate in a clockwise manner.
- C. There shall be 2-6 players on each side.
- D. Rotate in and out to serve.

Basic Violations:

- A. Failure to serve the ball over the net successfully.
- B. Hitting the ball illegally (Carrying, Palming, Throwing, Etc.)
- C. It is illegal to touch the net with any part of your body.
- D. Failure to serve in the correct order.
- E. Crossing over the center line - You can step on it just not over it.

For your information:

Restrooms and drinking fountains are just outside the gyms doors.

You cannot Warm up in the gym hallways.NO BALLS in the hallway.

If you bring anything into the gym, food/drink PLEASE put it in the garbage can or take it with you when you leave the gym.

If you spill anything you need to clean it up.

There will be a schedule located on the doors at the North end of the court.

All teams make the playoffs at the end of the season

Winning teams need to text me at the end of each night. This is how I will keep track of standings.

Scoreboards will be on every court to help keep track of the score for both teams. Please have someone adjust the score as the game goes.

Self Refing:

To keep the cost down we will not have refs for the games during the regular season. Each team will ref their own side of the court. Please be honest and don't cheat. Call it as you see it. We will have refs for the final matches of Championship night.